

The Optimist Creed

I Commit myself

To be SO STRONG that nothing can disturb my peace of mind.

To talk health, happiness and prosperity to every person I meet.

To make all my friends feel that there is something worthwhile in them.

To look at the sunny side of everything and make my optimism come true.

To think only of the best, to work only for the best and to expect only the best.

To be just as enthusiastic about the success of others as I am about my own.

To forget the mistakes of the past and press on to the GREATER ACHIEVEMENTS of the future.

To wear a cheerful countenance AT ALL TIMES and give every living creature I meet a smile.

To give so much time to the improvement of myself that I have NO TIME to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.